



Dear

Hello and welcome to the Riverview Wellness Center. Your nutritional consultation has been scheduled for _____.

If you are unable to keep this appointment, please call us at 343-9975 at least 24 hours prior to your appointment to reschedule or cancel. You will receive a reminder phone call for your appointment. Please verbally confirm this appointment with our staff, or you may leave a message on our voice mail.

Your fee for the Initial Consultation is \$75 in addition to any whole food nutritional supplementation that may be recommended to address your specific nutritional weaknesses. Please read the Nutritional Response Testing handout enclosed before your appointment so that you will know what to expect on your first visit.

Before your first appointment there will be a few things that you need to do. Please have nothing to eat 1 hour prior to your appointment and drink between 40-60 ounces of water. Bring with you a copy of any recent blood work, (if you have a copy) any medication that you are currently taking, and any supplements that you take regularly. Please complete the enclosed paperwork and bring it with you on the date of your appointment. Also, for the benefit of our allergy sensitive clients, we kindly request that you wear no synthetic perfumes when visiting our office.

We have enclosed directions to the Center.

We look forward to meeting you and working with you. If you would like more information on our Center, please go to our website at www.riverviewwellness.com.

Sincerely,

Lori Vashaw