

# Riverview Wellness Center

## RECIPES

**Recipe for:** Ultimate Philly Cheese steak

### Ingredients:

Kobe beef tenderloin, sliced ¼ inch thick  
Caramelized onions  
Mascarpone Cheese  
Lobster tails, sliced ¼ inch thick  
Black truffle oil  
Baguettes, sliced in half lengthwise (gluten free)

### Preparation:

Caramelize the onions ahead of time (can be warmed in microwave)  
Toast baguettes under broiler  
Sauté lobster in butter  
Sear tenderloin in a lightly oiled skillet

### To assemble:

Spread mascarpone on top and bottom of baguette.  
Place tenderloin on half of baguette.  
Cover with onions.  
Drizzle with truffle oil.  
Top with lobster.  
Cover with other half of baguette and slice to size.