

Advanced Techniques Seminar

Prerequisites: Must have attended Systems for Success seminar and have basic NRT training through UNS.

Length of Class: One 8 hour day

Structure: This **hands-on workshop** will demonstrate the muscle testing technique that Lori Vashaw uses in her practice. This is a blend of techniques and testing points learned through Lori's years of experience. This course is presented in workshop style and all participants will have the opportunity to test others and be tested as new ideas are presented.

Topics:

- The Art and Science of Muscle Testing
- Intention and the impact upon your results
- Your energy/congruency
- Testing Method: Blocking, Switching, Pulsing
- Finding the correct Dosage
- Unique testing points
- The Autonomic Nervous System – Parasympathetic/Sympathetic
- The Endocrine System
- Thyroid/Adrenal Problems
- Allergies/Sinuses
- Irritable Bowel Syndrome, Food Intolerance
- Indirect Testing
- Self Testing
- Medications with whole food supplements and herbs
- Products to Inventory
- Advanced Protocols