

Recipe for: Chef Salad

Ingredients:

10 cups chopped romaine lettuce
1 cup shredded or chopped boneless chicken breast
(may also use rotisserie chicken)
½ cup sweet onion
½ cup shaved carrot
1 avocado, peeled and sliced
½ cup dressing of choice

Preparation:

Arrange lettuce in large bowl, top evenly with chicken, onion, carrot, and avocado.

Toss with dressing.