

Recipe for: Avocado Angel Eggs

Ingredients:

1 dozen hard boiled eggs (peeled)
2 ripe avocados
1 Tbsp. lemon juice
¼ tsp. coarse ground garlic powder
2 Tbsp. finely chopped shallots or green onions
2 tsp. mashed capers (optional)

Preparation:

Slice each egg in half, lengthwise.

Remove yolks.

Peel, seed and cube avocado.

Combine avocado, lemon juice and garlic in mixing bowl, mashing to blend.

Stir in shallots or green onions and capers, if desired.

Fill each egg white with avocado mixture.

Garnish with bell pepper if desired.