

Riverview Wellness Center

Recipe

Client Name: Patty Kielbasinski

Recipe for: Rice Tortilla Chips

Ingredients: 1 pkg. Food For Life brown rice tortillas
olive oil spray
salt
herb blend of your choice

Preparation: Using a pizza cutter, slice each tortilla into 12 wedges. Place in a single layer on a cookie sheet you have sprayed with olive oil. Spray top of wedges as well and sprinkle with salt and your favorite herb blend. Toast in a 450 degree oven until browned and very crispy. You will have to do several batches. Put the toasted chips in a large container that can be tightly sealed after they have cooled to keep them crisp.