

Recipe for: Guacamole

Ingredients:

2 large ripe avocados
1 Tbsp. minced shallots
¼ tsp. minced garlic
1 jalapeno, seeded and minced
1 Tbsp. fresh lime juice
Real Salt and fresh ground pepper to taste

Preparation:

Mash avocado with a fork or masher, add all ingredients to mix.

Adjust seasonings.

Cover surface with plastic wrap and refrigerate until ready to serve.