

Riverview Wellness Center

RECIPE CONTEST

Client Name: Lee Oswald

Recipe for: Fruit Salsa

Ingredients:

1 whole cantaloupe

1 red pepper

1 jalapeno pepper

1 red onion

1 cup chopped parsley

2 pkgs. Blackberries

5 scallions

Juice of one lemon

Pinch of salt

Preparation:

Combine all together